Department: 11 Applied Social Sciences
Course title: Introduction to Psychology
Hours per week (SWS): 2 SWS
Number of ECTS credits: 5 (together with education I)

Course objective:
1. Knowing the essential characteristics of psychology since its beginnings and the nature of the human psyche, and the most important moments in the evolution of psychology.
2. Identifying issues for the study of psychology as a science and familiarizing with the basic concepts of the discipline: psyche, behavior, activity, conscience, etc.
3. Knowledge of the main theoretical and empirical research from the psychology sphere, guidelines in our country and the world.
4. Learning the methods of theoretical and applied aspects of psychological knowledge.
5. Browsing and understanding the mechanisms of mental processes and functions: sensory processes, thinking and language, memory, imagination, affectivity, motivation, attention.
6. Knowing how theories are used in describing psychological personality of the person; knowing the most important theories of personality and their limits.

Prerequisites:
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Recommended reading:

Teaching methods:
Live and power-point presentation, case study, role play, student presentations, debate, work groups.

Assessment methods:
Individual assignment, individual report, test

Language of instruction:
English

Name of lecturer:
Dr. Radu-Ioan Popa

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Link:

Course content:
Psychology as a science. Subject and importance of psychology. 
Psyche – the object of study of psychology. 
Research methods used in psychology. 
Psyche aspects: 
Sensory cognitive psychological mechanisms. 
Logical-rational cognitive psychological mechanisms. 
Energizing and stimulating psychological mechanisms. 
Mechanisms regulating mental activity. 
Personality. 
Psychosocial conduct.

Remarks: