Contact persons for psychological crisis situations

The following passages provide all university members with support in the case of acute personal stress situations, e.g. during the examination period, upon the publication of results, in the case of difficult experiences of loss, traumatic experiences, family/partner or work conflicts, life-changing circumstances or changes.

!! Please always leave an accessible telephone number on the answering machine!

Emergency – short-term assistance

Emergency call 110
If you or others are in distress or are witness to a crime, an accident or any other emergency situation or if someone presents a danger to him- or herself – please dial the police emergency number 110 – also in the case of amok and threat situations.

KPM crisis service 0180 / 655 30 00
In acute psychological crisis situations please call the KPM Munich Psychiatry Crisis Service. You will receive quick and targeted assistance. Relatives and people who know someone who is in a crisis can also turn to the crisis service (free-of-charge offer for all residents of the City of Munich). Availability: Daily 9 a.m.-12 midnight

Inestimable situation

In the case of potential sources of danger (including threats, potential danger, announcement of violent acts or killing sprees) the respective police stations will assist you with advice:

<table>
<thead>
<tr>
<th>Lothstrasse campus (incl. Schachenmeierstrasse, Infanteriestrasse and Dachauer Strasse)</th>
<th>Karlstrasse campus</th>
<th>Pasing campus</th>
</tr>
</thead>
<tbody>
<tr>
<td>Police station, area Order/security (8 a.m.-4 p.m.)</td>
<td>Phone: 089/54265-115</td>
<td>089/28630-115</td>
</tr>
<tr>
<td>Police station/mediation (24-hour availability)</td>
<td>Phone: 089/54265-0</td>
<td>089/28630-0</td>
</tr>
</tbody>
</table>

Further assistance for dealing with crisis situations – not in an emergency!

For students and staff of Munich University of Applied Sciences: For immediate compensation, relief and reflection of critical situations, contact the KPM crisis service. A conversation will follow by telephone with the control centre for clarification purposes and, if needed, same-day personal contact with an operations and advisory team from the crisis service will take place. Phone: 0180/655 30 00, availability: daily 9 a.m.-12 midnight

Munich student groups: Advice, discussion and counselling
EHG – Protestant Student Society, Munich city centre, appointments by telephone: 089/18 84 11
KHG – Catholic Student Society, Munich city centre, appointments by telephone: 089/123 35 86
PAOSO – Catholic and Protestant Student Group Munich-Pasing, appointments by telephone: 089/88 15 28

For students of Munich University of Applied Sciences: Munich University of Applied Sciences student advisory service: Guided advice for students, telephone: 089/12 65 11 21 or 089/12 65 12 42, availability: Monday-Friday 9 a.m.-4 p.m.

Munich student union: Psychosocial and psychotherapeutic counselling, telephone: 089/35 71 35 40, appointments Monday-Friday 9 a.m.-12 midday (or callback number on answering machine)

For staff of Munich University of Applied Sciences: Vocational psychological service/ias-Gruppe: Inhouse psychologist Tobias Lackner, appointments by telephone: 089/12 11 46 143 or 0160/97 48 02 20 (or callback number on answering machine)

Occupational social counsellor/ias-Gruppe: Dipl. Soz. Päd. Ariane Blos-Hertl, appointments by telephone: 089/ 12 11 46 206 or 0160/97 43 51 51 (or callback number on answering machine)

This information is updated and sent every semester. Status July 2017
HR department Occupational Health and Safety Henriette Vuksanovic (-1173)